



Criteria for Readiness

First Eucharist

1. Physical/Psychological Readiness
 - A. Desire to receive the sacrament
 - B. Able to attentively participate in the liturgy

2. Catechetical Readiness
 - A. Able to understand being a part of the Catholic family
 - B. Able to know Jesus as one who loves and cares for me
 - C. Able to distinguish between ordinary bread and Eucharist

3. Liturgical Readiness
 - A. Attends Mass regularly
 - B. Has a basic understanding of order of the Mass