

# Spiritual Growth Plan

Where am I now?

1. God is .....
2. Heaven is .....
3. The Catholic Church is .....

How did I get here?

1. Who is the family member who has influenced me most?
2. Who is the friend who has influenced me most?
3. What event or events have influenced me most?

Where do I want to go?

1. Where do I want God in my life?
2. Where do I want the Church in my life?
3. Where do I want to be spiritually one year from now?

How am I going to get there?

1. Celebrate regularly with the Church community
2. Have a spiritual sponsor
3. Have a Spiritual Growth Plan

What is a Spiritual Growth Plan?

After considering all your answers to these questions pick two or three ways you would like to grow in your relationship with God. Write down two or three PRACTICAL ways you can meet this goal.

*This is a family project* since parents are presenting their child as a candidate for Confirmation. Keep a journal on your progress. There will be times during class when you need to write reflections on your Spiritual Growth Plan. The first phase of this plan is due on May 1, 2010\*. This will reflect your plan for the Summer of Discernment.

Some suggestions:

- ✦ Meet periodically with your sponsor (two forms enclosed)
- ✦ Be of service to others, in your family, your community, your church.
- ✦ Read Scripture
- ✦ Celebrate with your faith community.
- ✦ Pray!

The first draft of your Spiritual Growth Plan is due at your family meeting with Mary Catherine in February or March.

\*Because of the delays caused by the snows, your entire Spiritual Growth Plan is due when you meet with Mary Catherine in August or early September (8/1 - 9/9/10)